

# 2023

# February

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
29	30	31	01 #Low Impact Aerobics 8:30AM-9:30AM #Zumba 9:30-10:30AM Mah Jongg 1PM-4PM Bingo 7PM	02 #Tai Chi 9AM-10AM #Water Aerobics 10:30AM-11:30AM Bridge 10:15AM-12:15PM	03 #Yoga 10AM Happy Hour 5PM	04
05	06 #Low impact Aerobics 8:30AM-9:30AM #Zumba 9:30-10:30 AM *Game Day 10AM-5PM Bridge 7PM	07 #Tai Chi 9AM-10AM #Water Aerobics 10:30AM-11:30AM Bridge 10:15AM-12:15PM	08 #Low Impact Aerobics 8:30AM-9:30AM #Zumba 9:30-10:30AM Mah Jongg 1PM-4PM Bingo 7PM	09 #Tai Chi 9AM-10AM #Water Aerobics 10:30AM-11:30AM Bridge 10:15AM-12:15PM	10 #Yoga 10AM Happy Hour 5PM	11
12 Superbowl Tailgate Party 5PM	13 #Low impact Aerobics 8:30AM-9:30AM #Zumba 9:30-10:30 AM *Game Day 10AM-5PM Bridge 7PM	14 #Tai Chi 9AM-10AM #Water Aerobics 10:30AM-11:30AM Bridge 10:15AM-12:15PM	15 #Low Impact Aerobics 8:30AM-9:30AM #Zumba 9:30-10:30AM Mah Jongg 1PM-4PM Bingo 7PM	16 #Tai Chi 9AM-10AM #Water Aerobics 10:30AM-11:30AM Bridge 10:15AM-12:15PM	17 #Yoga 10AM Happy Hour 5PM	18
19	20 #Low impact Aerobics 8:30AM-9:30AM #Zumba 9:30-10:30 AM *Game Day 10AM-5PM Bridge 7PM	21 #Tai Chi 9AM-10AM #Water Aerobics 10:30AM-11:30AM Bridge 10:15AM-12:15PM Mardi Gras Party 5PM	22 #Low Impact Aerobics 8:30AM-9:30AM #Zumba 9:30-10:30AM Mah Jongg 1PM-4PM Bingo 7PM	23 #Tai Chi 9AM-10AM #Water Aerobics 10:30AM-11:30AM Bridge 10:15AM-12:15PM	24 #Yoga 10AM Happy Hour 5PM	25
26	27 #Low impact Aerobics 8:30AM-9:30AM #Zumba 9:30-10:30 AM *Game Day 10AM-5PM Book Club 7PM	28 #Tai Chi 9AM-10AM #Water Aerobics 10:30AM-11:30AM Bridge 10:15AM-12:15PM	01	02	03	04

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Notes:  
 Low Impact Aerobics: Betsy  
 Zumba: Tracy  
 Tai Chi: Wanda  
 Yoga: Julia  
 Water Aerobics: Wanda  
 # - Events that require a wrist band \* -must supply your own games & players

