

2024

January

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
31	01 *Game Day 10AM-5PM Bridge/Card Night 7PM	02 #Tai Chi 9AM-10AM Bridge 10AM-12PM #Water Aerobics 10:30AM-11:30AM	03 Mah Jongg 1PM-4PM Bingo 7PM	04 #Tai Chi 9AM-10AM Bridge 10AM-12PM #Water Aerobics 10:30AM-11:30AM	05 #Yoga 10AM Happy Hour BYOB 5PM	06 Breakfast Hour 9AM - 10AM
07	08 #Low Impact Aerobics 8:30AM-9:30AM #Zumba 9:30-10:30 AM *Game Day 10AM-5PM Bridge/Card Night 7PM	09 #Tai Chi 9AM-10AM Bridge 10AM-12PM #Water Aerobics 10:30AM-11:30AM	10 #Low Impact Aerobics 8:30AM-9:30AM #Zumba 9:30-10:30AM Mah Jongg 1PM-4PM Bingo 7PM	11 #Tai Chi 9AM-10AM Bridge 10AM-12PM #Water Aerobics 10:30AM-11:30AM	12 #Yoga 10AM Happy Hour BYOB 5PM	13 Mardi Gras Party
14	15 #Low Impact Aerobics 8:30AM-9:30AM #Zumba 9:30-10:30 AM *Game Day 10AM-5PM Bridge 7PM	16 #Tai Chi 9AM-10AM Bridge 10AM-12PM #Water Aerobics 10:30AM-11:30AM	17 #Low Impact Aerobics 8:30AM-9:30AM #Zumba 9:30-10:30AM Mah Jongg 1PM-4PM Bingo 7PM	18 #Tai Chi 9AM-10AM Bridge 10AM-12PM #Water Aerobics 10:30AM-11:30AM Bunco 7PM	19 #Yoga 10AM Happy Hour BYOB 5PM	20
21	22 #Low Impact Aerobics 8:30AM-9:30AM #Zumba 9:30-10:30 AM *Game Day 10AM-5PM	23 #Tai Chi 9AM-10AM Bridge 10AM-12PM #Water Aerobics 10:30AM-11:30AM	24 #Low Impact Aerobics 8:30AM-9:30AM #Zumba 9:30-10:30AM Mah Jongg 1PM-4PM Bingo 7PM	25 #Tai Chi 9AM-10AM Bridge 10AM-12PM #Water Aerobics 10:30AM-11:30AM Mah Jongg 1PM-4PM Trivia & Food Truck 5PM-9PM	26 #Yoga 10AM Happy Hour BYOB 5PM	27
28	29 #Low Impact Aerobics 8:30AM-9:30AM #Zumba 9:30-10:30 AM *Game Day 10AM-5PM Book Club 7PM	30 #Tai Chi 9AM-10AM Bridge 10AM-12PM #Water Aerobics 10:30AM-11:30AM	31 #Low Impact Aerobics 8:30AM-9:30AM #Zumba 9:30-10:30AM Mah Jongg 1pm-4pm Bingo 7PM	01	02	03

Notes:

Low Impact Aerobics: Betsy

Zumba: Tracy

Tai Chi & Water Aerobics: Wanda

Yoga: Julia

- Events that require a wrist band * -must supply your own games & players



2024

February

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
28	29	30	31	01	02	03
				#Tai Chi 9AM-10AM #Water Aerobics 10:30AM-11:30AM Bridge 10:15AM-12:15PM	#Yoga 10AM Happy Hour 5PM	
04	05	06	07	08	09	10
	#Low impact Aerobics 8:30AM-9:30AM #Zumba 9:30-10:30 AM *Game Day 10AM-5PM Bridge 7PM	#Tai Chi 9AM-10AM #Water Aerobics 10:30AM-11:30AM Bridge 10:15AM-12:15PM	#Low Impact Aerobics 8:30AM-9:30AM #Zumba 9:30-10:30AM Mah Jongg 1PM-4PM Bingo 7PM	#Tai Chi 9AM-10AM #Water Aerobics 10:30AM-11:30AM Bridge 10:15AM-12:15PM	#Yoga 10AM Happy Hour 5PM	Breakfast Hour 9AM - 10AM
11	12	13	14	15	16	17
Super Bowl Party 5PM - 6PM	#Low impact Aerobics 8:30AM-9:30AM #Zumba 9:30-10:30 AM *Game Day 10am-5pm Bridge 7PM	#Tai Chi 9AM-10AM #Water Aerobics 10:30AM-11:30AM Bridge 10:15AM-12:15PM	#Low Impact Aerobics 8:30AM-9:30AM #Zumba 9:30-10:30AM Mah Jongg 1PM-4PM Bingo 7PM	#Tai Chi 9AM-10AM #Water Aerobics 10:30AM-11:30AM Bridge 10:15AM-12:15PM	#Yoga 10AM Happy Hour 5PM	
18	19	20	21	22	23	24
	#Low impact Aerobics 8:30AM-9:30AM #Zumba 9:30-10:30 AM *Game Day 10AM-5PM Bridge 7PM	#Tai Chi 9AM-10AM #Water Aerobics 10:30AM-11:30AM Bridge 10:15AM-12:15PM	#Low Impact Aerobics 8:30AM-9:30AM #Zumba 9:30-10:30AM Mah Jongg 1PM-4PM Bingo 7PM	#Tai Chi 9AM-10AM #Water Aerobics 10:30AM-11:30AM Bridge 10:15AM-12:15PM "The Looking Back Dance" 5PM-9:30PM with a FOOD TRUCK!!	#Yoga 10AM Happy Hour 5PM	
25	26	27	28	29	01	02
	#Low impact Aerobics 8:30AM-9:30AM #Zumba 9:30-10:30 AM *Game Day 10AM-5PM Book Club 7PM	#Tai Chi 9AM-10AM #Water Aerobics 10:30AM-11:30AM Bridge 10:15AM-12:15PM	#Low Impact Aerobics 8:30AM-9:30AM #Zumba 9:30 -10:30AM Mah Jongg 1PM-4PM Bingo 7PM	#Tai Chi 9AM-10AM #Water Aerobics 10:30AM-11:30AM Bridge 10:15AM-12:15PM		

03

04



2024

March

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
25	26	27	28 #Low impact Aerobics 8:30AM-9:30AM #Zumba 9:30-10:30AM Mahjong 1PM-4PM Bingo 7PM	29 #Tai Chi 9AM-10AM #Water Aerobics 10:30AM-11:30AM Bridge 10AM-12PM	01 #Yoga 10AM Happy Hour 5PM	02
03	04 #Low impact Aerobics 8:30AM-9:30AM #Zumba 9:30-10:30 AM *Game Day 10AM-5PM Bridge 7PM	05 #Tai Chi 9AM-10AM #Water Aerobics 10:30AM-11:30AM Bridge 10AM-12PM	06 #Low Impact Aerobics 8:30AM-9:30AM #Zumba 9:30-10:30AM Mah Jongg 1PM-4PM Bingo 7PM	07 #Tai Chi 9AM-10AM #Water Aerobics 10:30AM-11:30AM Bridge 10AM-12PM	08 #Yoga 10AM Happy Hour 5PM	09 Breakfast Hour 9AM - 10AM
10 Golf Tournament 10:30AM Lasagna Dinner 5PM	11 #Low impact Aerobics 8:30AM-9:30AM #Zumba 9:30-10:30 AM *Game Day 10AM-5PM Bridge 7PM	12 #Tai Chi 9AM-10AM #Water Aerobics 10:30AM-11:30AM Bridge 10AM-12PM	13 #Low Impact Aerobics 8:30AM-9:30AM #Zumba 9:30-10:30AM Mah Jongg 1PM-4PM Bingo 7PM	14 #Tai Chi 9AM-10AM #Water Aerobics 10:30AM-11:30AM Bridge 10AM-12PM Bunco 7PM-9PM	15 #Yoga 10AM Happy Hour 5PM	16
17	18 #Low impact Aerobics 8:30AM-9:30AM #Zumba 9:30-10:30 AM *Game Day 10AM-5PM Bridge 7PM	19 #Tai Chi 9AM-10AM #Water Aerobics 10:30AM-11:30AM Bridge 10AM-12PM	20 #Low Impact Aerobics 8:30AM-9:30AM #Zumba 9:30-10:30AM Mah Jongg 1PM-4PM Bingo 7PM	21 #Tai Chi 9AM-10AM #Water Aerobics 10:30AM-11:30AM Bridge 10AM-12PM	22 #Yoga 10AM Happy Hour 5PM	23 Snowbirds Farewell Party 5PM-8PM
24	25 #Low impact Aerobics 8:30AM-9:30AM #Zumba 9:30-10:30 AM *Game Day 10AM-5PM Book Club 7PM-9PM	26 #Tai Chi 9AM-10AM #Water Aerobics 10:30AM-11:30AM Bridge 10AM-12PM	27 #Low Impact Aerobics 8:30AM-9:30AM #Zumba 9:45-10:30AM Mah Jongg 1PM-4PM Bingo 7PM	28 #Tai Chi 9AM-10AM #Water Aerobics 10:30AM-11:30AM Bridge 10AM-12PM	29 #Yoga 10AM Happy Hour 5PM	30

31

01

Notes:

Low Impact Aerobics: Betsy

Zumba: Tracy

Tai Chi: Wanda

Yoga: Julia

Water Aerobics: Wanda

- Events that require a wrist band * -must supply your own games & players

